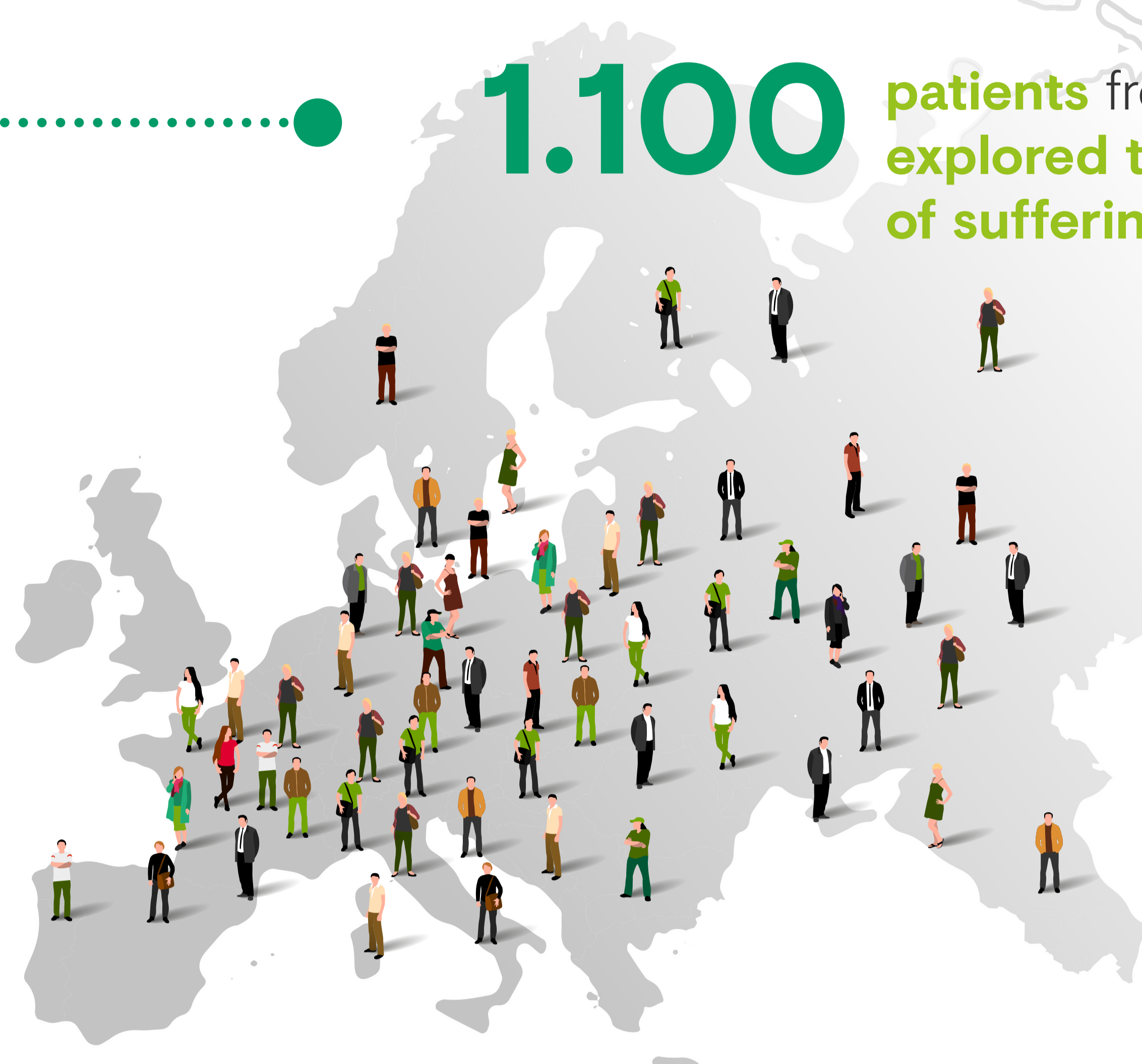


GIVING European Gout Patients A VOICE



Gout affects
1 - 4%
of adults
in Europe¹

1.100 patients from 14 European countries explored their experiences of suffering from Gout.*



77% of these gout patients have common co-morbidities.

71% of patients' gout is not fully controlled. Only **29%** have not had a flare in the past 12 months.

Uncontrolled gout has a huge impact on patients' lives.

59% of patients have found that their gout impacts their ability to walk.



10% of patients (or one of their family members) have lost a job/retired due to their gout.

40% of patients who have had 3 or more flares in the past 12 months have seen their self-esteem drop.

**INCONVENIENCE
AGONY
FRUSTRATION** are the words patients commonly associate with their gout.

58% of patients are currently on Urate Lowering Therapies

The pain associated with gout flares is often excruciating.



63% of patients experienced severe pain in their worst flare ever.

22% are not diagnosed until they have had 4 or more flares.



59% of patients do not have regular follow-up appointments for their gout.



53% of patients' Serum Uric Acid (sUA) levels are not monitored frequently enough.



86% know that high sUA levels can lead to future flares but...



68% ...of patients undergoing sUA testing don't know what the target should be

*The online survey was conducted by Hall & Partners on behalf of Grünenthal GmbH in 2018. The design and content of the survey has been developed together with several patient and clinical experts.